

# Swiss Epidemiology Winter School 2019



## Prognostic Research: Concepts and Models

January 21<sup>st</sup> – 23<sup>rd</sup>, 2019

### Faculty

**Prof. Margaret May**

Population Health Sciences, Bristol Medical School, University of Bristol, United Kingdom

**Prof. Matthias Egger**

Institute of Social and Preventive Medicine (ISPM), University of Bern, Switzerland

### Venue

**CH – 3823 Wengen | SWITZERLAND**

Bühlstube (see map on <http://www.epi-winterschool.org/hotels>)

### Description

Prognosis is the probability that a specific event will occur in the future. Prognostic research is fundamental to clinical decision making, healthcare policy, and discovering new approaches to patient management. In this course we describe the basic concepts used to develop, validate, and implement a prognostic model in clinical practice and discuss how a web-based calculator might be constructed to give a useful decision-making tool. In addition we consider the reporting and impact of prognostic models and how the quality of prognostic research might be improved in order that prognostic information may be translated into clinically useful decision tools.

In the statistical sessions we will guide you through the main steps in prognostic modelling. As well as using Cox and simple parametric survival models, you will be introduced to flexible parametric survival models in Stata as a powerful tool for fitting prognostic data. We will present methods to select prognostic variables and investigate their form with fractional polynomials, compare and choose candidate models using information criteria, and validate the chosen model. We will use splines to model prognostic factors whose effect varies over follow up time and will investigate interactions between predictors. Although statistical theory will be discussed in the lectures, the emphasis will be on practical application of the statistical methods. The practicals will give you experience of selecting prognostic factors and assessing them, choosing between different models, and fitting and validating a prognostic model.

### Objectives

- By the end of this course participants will have:
- An understanding of different types of prognostic research
- An understanding of how prognosis is used in clinical decision making and in discovering new approaches to managing patients
- Practical experience of analysing and assessing potential prognostic factors
- Practical experience of developing and validating a prognostic model
- An understanding of the quality of prognostic research and how it can be improved

### Contact:

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**Target audience** The course is aimed at statisticians and clinical epidemiologists interested in prognostic modelling. There will be a mixture of lectures, group exercises and Stata practicals. The practicals assume a good working knowledge of Stata and some experience of standard survival analysis, for example, using the Cox or Weibull model.

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**Outline** The course will run over three days and consist of lectures, group work and computer practical sessions. We start early in the morning with a review of the previous day. During the extended break in the afternoon participants review course materials, catch up on emails or go skiing. We reconvene at 16.30 pm for the computer sessions.

**Monday, January 21<sup>st</sup> (8:00 – 12:00 | 16:30 – 18:30)**

- Welcome and introduction to the course. What is (and is not) prognostic research?
- Introducing different types of prognostic research and concepts
- Implementation of prognostic models on the web
- Statistical methods for identifying and using prognostic factors
- Modelling non-linear associations with fractional polynomials

**Tuesday, January 22<sup>nd</sup> (8:00 – 12:00 | 16:30 – 18:30)**

- Cox and parametric survival models and their use in prognostic modelling
- Introduction to flexible parametric survival models
- Reporting and impact of prognostic models
- Critical appraisal of the reporting of a prognostic model

**Wednesday, January 23<sup>rd</sup> (8:00 – 12:00 | 16:30 – 18:30)**

- Developing a prognostic model
- Interactions and time varying effects of prognostic factors
- Evaluating and validating a prognostic model
- Systematic reviews of prognostic research
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**Credits** 1.0 ECTS

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**To bring along** Students should bring their own portable computers. A course license for Stata® will be available, to be installed before arrival. University of Bern IT staff onsite can provide help upon request per e-mail ([it@ispm.unibe.ch](mailto:it@ispm.unibe.ch))

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**Course fee** SSPH+ students: CHF 0 \*)  
Academic: CHF 900  
Industry: CHF 2000  
\*) except students from University of Geneva (cohort 4) and Lucerne

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**Registration** You can register on the Winter School website [www.epi-winterschool.org](http://www.epi-winterschool.org).

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**Accommodation** Participants must book their accommodations themselves. Please see our recommendations on [www.epi-winterschool.org/hotels](http://www.epi-winterschool.org/hotels) for special prices.

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